



# I am Worth It

## Walk the Walk Activity Download

Does your talk match your walk? Our actions are a megaphone to what we believe. Purity starts in the heart and can not be faked. sometimes we see ourselves in a completely different way than others see us. Does your inside match the outside? Does your walk match your talk? Get ready to find out. This could change your life.

### Instructions

1. Print out enough copies of page 2, so that each girl has one form for each girl in (i.e, If you have 8 girls, you will need to print 4 copies for each girl and cut them in half) and already have them in stacks to hand to each girl. (*Remind girls that the forms should be anonymous—instruct the girls to NOT write their name on it*)
2. Have each girl complete one form per other Bible Study member. Encourage them to leave comments on the back if they scored their peer low.
3. Collect the completed forms before the girls leave.

As a leader, you will gather all the forms and combine the results. Then you can distribute (anonymously) to each girl—providing scripture and guidance if needed. It is important that the information is presented in a loving manner, rather than a condemning manner. Ultimately this is to help one another become more like Christ.

# Walk the Walk

My friend's Name: \_\_\_\_\_

Scale from 1–5, where 1: She needs help - 5: She's got it together.

Category	1	2	3	4	5
How you talk ( <i>language, gossip etc</i> )					
Your faith ( <i>Are you the same on Monday as you are on Sunday</i> )					
How you dress ( <i>Modest or Revealing</i> )					
How you interact with boys					
How you treat authority ( <i>teachers, parents, etc</i> )					

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